ABSTRACT OF THE DISCLOSURE

An apparatus for head mounting gear for hands free operation includes a headband and adjustable mounting structure wherein gear such as binoculars and range finders may be selectively mounted, and such gear once mounted may be conveniently raised to a storage position or placed in a use position. The structure includes a quick release mechanism which enables quick and easy interchange between various gear. The headband is preferably comprised of an encircling band and a band that goes over the top of the head. The mounting support structure has adjustments for length from the eyes and height. It is further adjustable into multiple use positions and vertical angle line of sight adjustment.